



Northampton Aquatic & Family Center  
at JFK Middle School, 100 Bridge Road, Florence, MA 01062

# American Red Cross Swim Lessons Winter Classes Session III

The Aquatic and Family Center offers swim lessons to all ages and abilities.  
Our lessons include Parent and Child, Preschool and Levels 1-6.  
We offer lessons from beginners through advanced swimmers.  
Classes are 30 minutes in length. We also offer private lessons.

**Thursday:** NO THURSDAY LESSONS THIS SESSION  
WILL RESUME MARCH 2

**Saturday:** January 7 - February 11 (6 classes)

Parent & Child	9:30 - 10:00am
Pre - Level	10:00 - 10:30am
Level 1&2	10:30 - 11:00am
Level 3&4	11:00 - 11:30am
Level 5&6	11:30 - 12:00pm

**Fee:** \$33/\$45/\$55

*Fees listed in the order off Member / Non-Member Resident / Non-Resident*

*Pre-registration is required before start of session; space is limited; instructor ratio 1: 6, Except parent/child 1:10*

## Class Descriptions:

- Parent/Child: Ages 1-5 with parent, emphasis on fun, covers a variety of skills and activities  
Pre- Level: Ages 3-5, a variety of swimming and safety skills covered  
Level 1: Beginner independence in the water; Intro to breath control and Front Crawl  
Level 2: Refine Front Crawl; Intro to Elementary Backstroke and rotary breathing  
Level 3: Develop Front Crawl and Elementary Backstroke; Intro to Side Stroke, Breast Stroke, and Back Stroke  
Level 4: Perfect Front Crawl, Back Crawl, Elementary Back Stroke; Refine Side Stroke, Breast Stroke  
Level 5: Develop Breast Stroke, Side Stroke; Intro to Butterfly and Diving; Build endurance with pervious strokes  
Level 6: Intro to competitive techniques and Strength Training; Flip Turns & Starts, Diving & Stroke Critique

**Registrations accepted at the AFC at JFK Middle School, 100 Bridge Rd., Florence, MA  
Mon-Fri 4:00-8:00 pm & Sat 10:00 am-5:00pm and Sun 11:00 am-4:00 pm, 587-1046**

or

**Northampton Parks and Recreation Department 100 A Bridge Road, Florence, MA 01062  
Mon-Fri 8:30 am-4:30 pm, 587-1040.  
[www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation)**

REGISTRATION FORM ON REVERSE SIDE

# NORTHAMPTON PARKS & RECREATION DEPARTMENT - REGISTRATION FORM

DO NOT USE this form for Summer Day Camps, Youth & Adult Sports, or Birthday Party registrations: Download those packets at [www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation)

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**PLEASE PRINT LEGIBLY**

☐ New to Northampton  
Parks & Recreation

☐ I have updated my  
Information

## ADULT 1

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (H) (\_\_\_\_) \_\_\_\_\_ (W) (\_\_\_\_) \_\_\_\_\_

Cell (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

## ADULT 2

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (H) (\_\_\_\_) \_\_\_\_\_ (W) (\_\_\_\_) \_\_\_\_\_

Cell (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

## EMERGENCY CONTACT OTHER THAN PARENT

Name \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

**Photo Release:** May Northampton Parks & Recreation Department use photos of you or your family members for brochure, website, promotional use?

Yes ☐

No ☐

**PARTICIPANT'S FULL NAME:** \_\_\_\_\_

Male ☐ Female ☐

Date of Birth \_\_\_\_\_ School \_\_\_\_\_

Current Grade \_\_\_\_\_ or

Grade in Fall \_\_\_\_\_ for  
programs after June

Program Name	Day(s)	Start Date	Basic Fee	Non-Res Fee	Total Fee
			\$	\$	\$
			\$	\$	\$
<b>TOTAL FEE FOR PARTICIPANT</b>					\$

**PARTICIPANT'S FULL NAME:** \_\_\_\_\_

Male ☐ Female ☐

Date of Birth \_\_\_\_\_ School \_\_\_\_\_

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<b>TOTAL FEE FOR PARTICIPANT</b>					\$

## **PASS PURCHASE**

Pass	Pass Type	Pass Length	Fee	
Aquatic Center	Res: Adult Family Senior Youth	6 Month 12 Month	\$	<b>TOTAL AMOUNT DUE</b>
Musante Beach	Non-Res Adult Family Senior Youth	Beach Pass		

**Pass Holder's Name(s)**

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**Male/Female**

Male/Female

Male/Female

Male/Female

Male/Female

Male/Female

**DOB**

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**Pass/Tag# Issued**

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**Special Considerations/Comments** (Use back if necessary)

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**Charge my** VISA \_\_\_\_ Master Card \_\_\_\_ Discover \_\_\_\_ Card # \_\_\_\_\_ Expiration \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature \_\_\_\_\_

Office Use Only: Amt Rec'd \$ _____	Cash ____	Check # _____	Credit ____	Date _____	RT Date _____	Staff _____
Amt Rec'd \$ _____	Cash ____	Check # _____	Credit ____	Date _____	RT Date _____	Staff _____